



**VICTORIA**



**You are Invited to Join Us  
For a Fun filled Afternoon  
Of Games and Treats  
At the Party Room  
Of Celia Negin's Condo**

**Sunday May 17, 2015 at 2:00 pm**

**225 Belleville, Victoria BC**

**Spouses, Partners and Friends are invited to join us**

**Please RSVP to Celia Negin by May 10, 2015 at 995-1414 or [morcel@shaw.ca](mailto:morcel@shaw.ca)**

**If you can bring a treat or hors d'oeuvres to share that would be appreciated**

# CHW Victoria invites you to: A Summer Picnic

For the young & young-at-heart, families & singles of all ages



**Sunday July  
19<sup>th</sup> noon  
until 3 pm**



**6105 Castlerock Road, Saanich**

From Victoria drive north on West Saanich Rd. Left on Durrance Road. Drive two blocks to Castlerock Road.  
Turn right.

**Bring a picnic lunch, lawn chairs, blanket.....**

**juice boxes & cookies for sale**

**SUNSHINE CLOWNS & FUN GAMES FOR YOUR ENTERTAINMENT**



## Admission

*Family (2 adults + their children): \$12*

*Under 5 years: free*

*6 thru 15 years: \$2*

*16 years & over: \$5*

*Game & food tickets 25 cents each, each child gets 1 game ticket with admission*

*For further information contact Sharon 250-381-1166, [shfitch@telus.net](mailto:shfitch@telus.net)*



# VICTORIA

Check out our link on the National Website: Go to [www.chw.ca](http://www.chw.ca) at bottom of page click on Victoria

April 2015/5775

## About CHW

Supporting Children, Healthcare, and Women in Israel and Canada for almost 100 years.

Canadian Hadassah-WIZO (CHW) is Canada's leading Jewish women's philanthropic organization.

Founded in 1917, CHW is non-political, volunteer driven and funds a multitude of programs and projects for Children, Healthcare and Women in Israel and Canada.

For more information, please visit [www.chw.ca](http://www.chw.ca)

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## President's Message

Dear Members

As the President's message will now rotate among board members, I thought I'd be the first one to make an attempt at it.

Although I feel somewhat like winter never happened here in Victoria, I welcome spring, the longer days and our beautiful blossoms. For myself spring is a rejuvenation, a new beginning. On this note I look forward to Passover, our eight day festival which commemorates the emancipation of the Israelites from slavery in ancient Egypt. We wish you a wonderful Pesach with family and friends.

Your board is presently planning our CHW Victoria's spring and summer program. On Sunday May 17, 2015 we will have a relaxing, fun afternoon of games and treats. This will be a change of pace, a time to catch up with friends and enjoy an activity at the same time. We hope you will join us. On Sunday July 19, 2015 we look forward to our first time ever "summer picnic".

We have begun to look into 2015/2016 programming. We welcome new ideas from our membership, so if you have any suggestions for programs please bring them to the attention of Josie Davidson or Esther Laredo.

Eleanor Mintz for Sharon Fitch, President

## CHW Cards for Sale

We have CHW cards for sale for all occasions. If you mail the card yourself, the cost is \$6.00 dollars per card. If you wish Josie or Lisa to mail it for you, then the cost is \$7.00 for cards within Canada, and \$8.50 for cards to the US or abroad. This covers cost of cards, envelopes and postage. Please remember to send your cheque to Esther Laredo, 4767 Elliot Place, Victoria, BC V8Y 3E4. CHW also offers e-cards. All online orders receive an electronic tax receipt issued for donations of \$10.00 or more. If you are donating online, please make sure to mention CHW Victoria as the chapter, in order that we get the credit for the donation. Please go to [www.chw.ca](http://www.chw.ca) and then go to ecards. You can contact Josie Davidson: 250-383-6478 (home) 250-889-7133 (cell), [nehamashira@gmail.com](mailto:nehamashira@gmail.com) or Lisa DeGall: 250-642-7238 or [ldegall@aol.com](mailto:ldegall@aol.com) and they will be very happy to help you! If you wish to order cards from National, you may contact Lisa DeGall, our new Card Co-ordinator.

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### Good and Welfare

We wish you and your family A Very Happy Pesach!

Here's wishing April Katz, Joyce Skolnick and Dina Wolfe a Very Happy Birthday!

Our thoughts are with Tamar Margolin and family at this time of her illness.

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## Shiva Meal Fund

Did you know that our CHW Victoria Chapter has a Shiva Meal Fund?

Approved by National, this is an open ended fund, which is not tax deductible. No tax receipts will be issued.

This fund will need to be "topped up" as it is used.

Reaching out to members and opening our hearts to others in times of great need is a truly wonderful mitzvah.

This is a local endeavour, and will be used only for members of our Chapter. With funds we have collected thus far, we have provided our first Shabbat Shiva Meal to Laurel Nahshon and her family. Thank you to Josie Davidson, Jean Dragushan, Sharon Fitch, Susan Halpert, Esther Laredo, Daryl Levine, Eleanor Mintz, Marilyn Weisbart, and Jan Wilson, who have donated between June 2014 and March 2015.

Please consider contributing to our Shiva Meal Fund. Cheques may be written to CHW Victoria, with a memo for the Shiva Fund. As always, donations in any amount can be sent to our Treasurer, Esther Laredo, at 4767 Elliot Place, Victoria, BC V8Y 3E4.

If you have any questions or concerns don't hesitate to contact any member of our board.

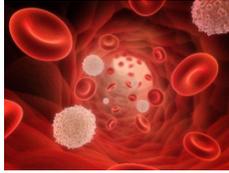
Todah Robah Thank You!

## Israeli Invention

[Hyginex](#) makes a smart bracelet to be worn by every staff member in a hospital to make sure that all personnel wash their hands after contact with patients. Clean hands can practically eliminate most hospital-borne infections. Nurses, doctors and even candy-strippers know it, but Hyginex enforces it.

## Pro-Tumor White Blood Cells Discovered at Hadassah –hNews, February 2015

Researchers at the Hadassah Medical Organization and Hebrew University have found that the most common form of



white blood cells, called neutrophils, contain at least three distinct subtypes. Some fight the development of cancer, while others provide a hospitable environment for their growth. The research findings could lead to new cancer-fighting therapies that seek to boost the anti-tumor neutrophils while limiting the proliferation of pro-tumor neutrophils.

In the last decade new approaches to cancer have involved activating the patient's immune system against cancer cells, while not harming nearby healthy cells. Recently, however, researchers have discovered that there are healthy cells which surround the tumor that play an important role in enhancing cancer development. Thus, while neutrophils, which comprise between 50-70 percent of all white blood cells, are traditionally associated with fighting infections, accumulating data suggest they also play an important role in tumor biology. The Hadassah-Hebrew University scientists, working with mouse tumors and human blood samples, found that in early stages of the disease, tumor-limiting neutrophils prevail, but as cancer progresses, the tumor-promoting neutrophil subpopulation becomes dominant. As the authors explain:

"We identified a heterogeneous subset of low-density neutrophils (LDNs) that appear transiently in self-resolving inflammation, but accumulate continuously with cancer progression. LDNs display impaired neutrophil function and immunosuppressive properties, characteristics that are in stark contrast to those of mature, high-density neutrophils (HDNs). Proper understanding of the effect of tumors on neutrophils, as well as the way these cells support or fight cancer, could help us develop strategies to direct the immune system against the tumor, and potentially improve cancer treatment in general and immunotherapy in particular."

The research study, led by Dr. Zvi Fridlender, at the Hadassah-Hebrew University Medical Center's Institute of Pulmonary Medicine, and Dr. Zvika Granot, at the Hebrew University's Institute for Medical Research Israel-Canada (IMRIC) in the Faculty of Medicine, is highlighted in "Phenotypic Diversity and Plasticity in Circulating Neutrophil Subpopulations in Cancer" in the January 22, 2015 on-line issue of Cell Reports.

### Our Annual Campaign Event *by Eleanor Mintz*

What a wonderful evening we had on Sunday March 15, 2015, as we kicked off the Annual Campaign here in Victoria! Almost 40 people including spouses and friends, enjoyed an evening which featured Claudia Goldman, our National President, who spoke to us on her recent sojourn to Israel and the projects she visited. In her talk Claudia highlighted the "CHW Marla Dan Stroke and Invasive Neuroradiology Institute" as well as the "Hadassim Project", to which children from France are now arriving. We also viewed three intense videos of other projects we are supporting; such as, "Teens at Risk" and "Women receiving Employment Support".

As well, our President Sharon Fitch gave us a lovely slide show presentation and talk on her two month vacation to Israel, primarily Jerusalem, in early 2014. She enlightened us with highlights of her trip from her perspective as a "Non Tourist" in Israel. Sharon showed us a photo of a distant gravestone on the Mount of Olives, where her late great grandmother was buried. She was asked why her great grandmother was buried there. She in turn related to us an amusing story of what had happened.

As we all know, an event such as this is not complete without delicious food! Sarah Thoms and Renee Stoppi more than "topped" it in that category! It was an Israeli feast! "Second Helpings Please" is the only way to describe it.

A reminder to donate to the Annual Campaign. Every dollar counts!

Thank you, Todah Robah to all!

## Famous Jewish Proverb

A cheerful heart is good medicine, but a crushed spirit dries up the bones.

### Upcoming Events for 2015

May 17, 2015—A fun games and Tea afternoon in the party room of Celia Negin's Condo, 225 Belleville, Victoria BC. at 2:00 pm.

July 19, 2015—CHW Victoria Family Picnic, at the farm of Jill Swartz, 6105 Castlerock Road, Saanich BC from 12:00 hours to 15:00 hours. **Please note change of time.**

### Important

If you are moving or changing your e-mail address, please contact Celia Negin as soon as possible, so we can make the changes immediately.

### Toiletries

Don't forget to bring your toiletries for Sandy Merriman House for women.

### Board Members for 2014/2015

#### President:

Sharon Fitch 381-1166

#### Vice President:

Marilyn Weisbart 479-4040

#### Programming Coordinator:

Josie Davidson 383-6478

#### Membership:

Celia Negin 995-1414

#### Treasurer/Programming Assistant:

Esther Laredo 658-6550

#### Secretary:

Damaris Notte 656-0752

#### Newsletter/Website:

Eleanor Mintz 479-2425

#### Members-At-Large:

Zelda Dean 544-1322

Susan Halpert (780) 489-4773, (250) 519-4773

Joyanne Plewes 360-1439

#### Advisor:

Susan Kendal (520) 339-6568

#### Chairpersons

#### Publicity:

Frances Aknai 360-0356

#### Cards:

Josie Davidson 383-6478

Lisa De Gall 642-7238

#### Telephone:

Sherry Sheffman 598-7683