



VICTORIA

February 2017/5777

About CHW

CHW passionately supports programs and services for Children, Healthcare, and Women in Israel and in Canada.

Canadian Hadassah-WIZO (CHW) is Canada's leading Jewish women's philanthropic organization.

Founded in 1917, CHW is non-political, volunteer driven and funds a multitude of programs and projects for Children, Healthcare and Women in Israel and Canada.

For more information, please visit www.chw.ca

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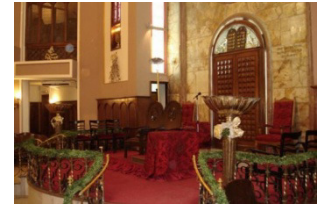
Message from your Executive—by Damaris Notte, Secretary

Brrrr! We've come through an unusually cold snap for Victoria and we're now into the coming months of Spring! There are many of us not originally from Victoria, who are used to cold and snow, but it is truly lovely to put away our parkas and look forward to the coming of the daffodils and tulips. As well, Tu B'Shevat will soon be upon us to herald in the sweet bounty of the coming year and the remembrance that "Man is a tree of the field."

"There is a story in the *Midrash* of an old guy observed planting a fig tree. When asked if he really expected to live long enough to consume the fruits of his labor, he replied: "I was born into a world flourishing with ready pleasures. My ancestors planted for me, and now I plant for my children..." – from Chabad.org.

This fits so well with what we do in Canadian Hadassah WIZO as we use our fundraising to plant and invest in the future of the State of Israel. May this be a very prosperous year for us all.

Also, please mark your calendars for a very interesting afternoon February 19th, with Betsi Boeno, who will be speaking to CHW members and spouses about the Jewish Community in Turkey. Betsi was born in Turkey and has much experience and knowledge of this topic! It promises to be very interesting!



CHW Victoria
Invites Members, Spouses and Partners
To Hear
Betsi Boeno
Speak on the Jewish Community in Turkey
Sunday February 19, 2017
2 pm to 4 pm
918 Collinson Street, (Party Room) Victoria, BC

Betsi is a relative newcomer to Victoria who hails from Istanbul, Turkey. She has already become known in our community, as she works part time at the Congregation Emanu-El office, as well as teaching Hebrew to some of our adults here.

Betsi will be speaking to us about the Jewish Community in Turkey. I feel certain that Betsi's talk will be engaging, interesting, stimulating and enable us to achieve a better understanding of our fellow Jews who live in other corners of this earth. This is a "must come to" event and we look forward to seeing you all there.

Please RSVP to Celia Negin at (250) 995-1414 or morcel@shaw.ca by February 12, 2017



CHW Victoria
Invites Members
To the Launch of Our Annual Campaign
Sharon Fitch
Will speak to us
On her recent trip to Israel
Sunday March 26, 2017
2 pm to 4 pm
918 Collinson Street, (Party Room) Victoria, BC

Sharon has many good memories and stories to share, so please don't miss this most interesting event.

Please RSVP to Celia Negin at (250) 995-1414 or morcel@shaw.ca by March 19, 2017

Reminder to Annual Members

We want to remind our Annual Members that our fiscal year runs from July 1, 2016 to June 30, 2017. People who have not paid their dues since September 2015 are no longer members of CHW. Please pay your annual dues so that you can be a full fledged member of CHW. If you have not already done so you can mail your cheque to Esther Laredo, at 4767 Elliot Place, Victoria BC, V8Y 3E4. Please indicate on your cheque that it is a membership fee.

Thank You, Todah Robah, CHW Victoria Board

Shiva Meal Fund

The CHW Shiva Meal Fund was established by the CHW Victoria Board to support our local CHW membership and immediate family members when sitting Shiva in Victoria. This fund was approved by National. The Shiva Meal Fund is small, being totally dependent on donations, but through the generosity of the CHW Victoria Community, we gratefully receive monetary donations (not receipted) so that we can arrange catering locally for a family to receive a meal. The average cost of a Shiva meal is \$35 per person, so it will have to be topped up at times. **If you are able to and have not already done so, please know that your donation will help to provide a family with much comfort during a difficult time.**

With funds we have collected thus far, we have now provided Shiva Meals to **11** families.

Please consider contributing to our Shiva Meal Fund. Cheques may be written to CHW Victoria, with a memo for the Shiva Meal Fund. As always, donations in any amount can be sent to our Treasurer, Esther Laredo, at 4767 Elliot Place, Victoria, BC V8Y 3E4.

If you have any questions or concerns don't hesitate to contact any member of our board. Todah Rabah, Thank You

CHW Cards/Certificates for Sale



We have CHW cards for sale for all occasions. If you mail the card yourself, the cost is \$6.00 dollars per card. Lisa DeGall is our chapter card contact person as well as our National card co-ordinator. If you wish Lisa to mail it for you, then the cost is \$7.00 for cards within Canada, and \$8.50 for cards to the US or abroad. This covers cost of cards, envelopes and postage. Please remember to send your cheque to

Esther Laredo, 4767 Elliot Place, Victoria, BC V8Y 3E4. CHW also offers e-cards. All online orders receive an electronic tax receipt issued for donations of \$10.00 or more. If you are donating online, please make sure to mention CHW Victoria as the chapter, in order that we get the credit for the donation. Please go to www.chw.ca and then go to ecards. You can contact Lisa DeGall: 250-642-7238 or ldegall@aol.com and she will be very happy to help you!



We offer attractive certificates and they are a wonderful way to honour a special occasion or person. With a donation of \$50 to \$99 you can purchase a small certificate, and with a donation of \$100 or over you can purchase a large certificate. You can contact Eleanor Mintz at eleanor.mintz@shaw.ca or (250) 479-2425 and she will be happy to help you.

Good and Welfare

Best wishes for a Very Speedy Recovery to Josie Davidson! Best wishes to John Sitwell for a Very Speedy Recovery!

Best wishes for a Very Happy Birthday to Suzie Deston and Jan Wilson!

Mazal tov to Zelda Dean, director of Bema Productions, on a successful run of 'From Door to Door'!

Kol hachavod to Dr Iris Green Starr and Dr Steve Starr for taking part in the Physicians' Mission to Canadian Magen David Adom. The course in Jerusalem included Advanced Cardiovascular Life Support. This training allows the Starrs to come to Israel's aid in case of disasters to help Israeli doctors.

Condolences to Jocelyn Abrams, Roxanna Simons and Dr Linda Green who lost their fathers in December. May they know no more sorrow.

A Peek In Our Members' Kitchens—Thank you to Daryl Levine for sharing this recipe



SALMON PATTIES

Yields 32, 2" patties from 4 cans of Sockeye Salmon in own juice. Each can is 213 gram.

- 4 cans salmon...using the juice from 2 of the tins. Mash the bones and skin extremely well, into the salmon.
- Again, make sure to use salmon juice from 2 of the tins
- 4 Eggs
- 1/2 tsp. Pepper
- No salt, as juice and salmon are already salty in the tins.
- 4 Green onion stalks (just green part) diced tiny
- 1 red pepper diced tiny
- 1/4 to 1/3 cup matzah meal

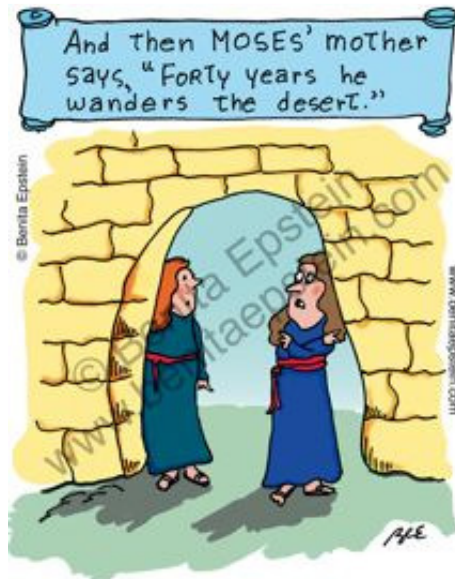
Mix and let it stand for 10 minutes so that the matzah meal can be absorbed and bind the mixture better. Give it a stir

Form small 2 inch patties and fry to a med golden brown.

Place on paper towel to remove oil.

These freeze well and can be thawed and reheated.

Can be made even smaller and used as an hors d' ouvre.



"He doesn't write. He doesn't call.
Of course I wouldn't want to interfere."

Report on the National AGM, November 6, 2016, Vancouver by Sharon Fitch, Past President

Let me share some highlights from our recent AGM. CHW members from across Canada came to Vancouver to share, discuss, report, and be entertained. This AGM saw the completion of the term of presidency of Claudia Goldman, and the installation of Debbie Eisenberg of Kitchener-Waterloo.

October 2015 saw a Jewish family from Syria, one of the last, be welcomed to Israel and into our Judy Mandelman Day Care.

Our Parental Helpline offers telephone services as well as internet advice.

Hadassim Youth Village has a newly renovated dormitory which now has a new name, Claudia Goldman Dormitory Hey. This welcoming facility welcomed more than 90 French children, escaping anti-Semitism in France. Soon they will be joined by South African children.

Nahalal Youth Village provides a home to Jewish and Arab children from Israel and other countries, of all religions, who come from difficult family circumstances. Nahalal offers a special program for children with learning disabilities, integrates children from other countries, and provides role models and parent figures.

Netanya Technological High School is renowned for its chef and cooking school. A popular program is Chefs for Peace, an event for Jewish and Arab students.

Assaf Harofeh Medical Center continues to do new and innovative work in the Marla Dan Stroke and Neuroradiology Unit.

Hadassah Hospital has new lower level operating rooms to protect against many types of disasters.

The National Governance Committee, chaired by Claire Conrad, came up with changes to the Bylaws of our organization, which were passed by the National Board of Directors. One in particular has an effect on CHW Victoria from here on: we are now called a City Centre. The criteria are: has a bank account, has activity, has at least one chapter, has structure. We qualify in each category. Your 'Board' is now called Executive Committee. Don't worry, the people are remaining. Teleconferencing will be used more frequently than National Meetings, which will cut down on National's expenses.

Financial growth is being encouraged and expanded by exciting programs and campaigns:

Walk in the Park Fundraiser; Women for Women, a category for donation of \$1800; Key Holder, for donation over \$5000; Double Chai, for over \$3600; Circle of Chai, for monthly giving; Annual Campaign; Sustainer, donation of at least \$1000 per year; Major Gifts, over \$10,000; Online donating.

I especially took to heart these words from Esther Mor, President World WIZO: Enable every member of Israeli society to achieve their goals, learn the tools to overcome difficulties irrespective of religion or economic status. Offer a first-class education. With hard work and effort, they can succeed, regardless of how long it takes.

This, my friends, is what CHW stands for. I hope you have learned a bit more about the work of CHW, and with our money and where it is being directed.

Sharon Fitch, Past President, CHW Victoria January 15, 2017

Meet Elli•Q, the robot who's granny's new best friend By [Viva Sarah Press](#) January, 2017 Israel 21c

Elli is the Norse goddess of old age. Elli•Q, named in her honor but with an original twist, is a robotic companion who emerged from stealth mode today on a quest to alleviate loneliness and social isolation for older adults living alone.



Elli•Q is the brainchild of [Intuition Robotics](#), a Ramat Gan startup pioneering social companion technologies. The robot's mission is to be an "active aging companion," keeping older adults engaged by helping them access and connect to today's technologies, including video chats, online games, social media and other ways to stay in touch.

"We set out to create this company to have a positive social impact," Dor Skuler, CEO and founder of Intuition Robotics, tells ISRAEL21c. "While we don't expect a robot or technology to be people's friends or solve the problem of loneliness, we do think that technology can overcome barriers and bring people together in a way that's not happening today."

Loneliness is a growing public health concern worldwide.

"Loneliness and social isolation are the result of longevity, and technology has made the problem worse by requiring older adults to learn new technical skills in order to accomplish the simplest of tasks," says Skuler, a serial entrepreneur who also founded startups Zing and CloudBand.

Using "natural communication" such as body language, speech interface, sounds, lights and images to express herself, Elli•Q is designed to be emotive, autonomous and easily understood. She uses machine learning to acquire knowledge of the preferences, behavior and personality of her owner, and proactively recommends activities based on that history and recommendations by family.

"Our goal is to leverage a combination of our proprietary technology, gerontology knowhow and elegant design to empower older adults to intuitively interact with technology and easily connect with content and loved ones, and pursue an active lifestyle. We like to think of Elli•Q as part communication coordinator, part arbiter of lifelong learning and part coach. She's easy to talk to, simple to operate and understands her owner."

Bel Ofri Farm, Golan Heights



In the village of Kidmat Zvi, Tami and Babi Kabalo established an eco-farm that has become a refuge for unadoptable, injured, abandoned animals including lambs, goats, peacocks, pigeons, rabbits, marmots, guinea pigs and tortoises.

After you've petted the animals and heard their stories, take a tour of Bel Ofri's boutique winery, reconstructed ancient olive press pulled by a mule, organic vegetable patch, working water well and cheese-making enterprise. Tami Kabalo offers craft workshops in arts such as stained glass, jewelry and clay sculpture.

Jerusalem's Stunning New \$364M Business District Unveiled By Shoshanna Solomon, The Times of Israel November 02, 2016



Jerusalem Mayor Nir Barkat and Israel's Transportation Minister Yisrael Katz are set to attend a cornerstone-laying ceremony on Wednesday evening for a new business district at the entrance to Jerusalem, flagged as a "game-changer" for the nation's capital and one of the most prominent business projects in the country.

"This project we are initiating is a game-changer for Jerusalem. It is the biggest, most significant and essential project for the future of the city," said Barkat in an emailed statement to The Times of Israel. "Jerusalem after the completion of this new business district will be different from before," transformed from a city with stalled economic growth and a declining population to "an attractive city for young people," competitive and empowered.

Famous Jewish Quote:

“Peace is a duet not a solo. It cannot be made by one side alone. If it could, it would have been made long ago.” Rabbi Lord Jonathan Sachs

Upcoming Events for 2017

Sunday February 19, 2017—2 pm to 4 pm,
Betsi Boeno to speak on the Jewish
Community in Turkey, 918 Collinson Street,
Victoria

Sunday March 26, 2017, 2 pm—Program on
Israel-Presentation by Sharon Fitch, 918
Collinson Street, Victoria

Sunday May 21, 2017—Walk in the Park
Fundraiser, at Beacon Hill Park. Details TBA

Sunday June 11, 2017—Brunch at Beach
House Restaurant at 11 am

Important

If you are moving or changing your e-mail address,
please contact Celia Negin as soon as possible, so we
can make the changes immediately.

Toiletries

Don't forget to bring your toiletries for
Sandy Merriman House for women or The
Single Parent Resource Centre.

Executive Members for 2016/2017

Past President:

Sharon Fitch (250) 381-1166

Programming Coordinator:

Josie Davidson (250) 383-6478

Membership:

Celia Negin (250) 995-1414

Treasurer/Programming Assistant:

Esther Laredo (250) 658-6550

Secretary:

Damaris Notte (250) 656-0752

Newsletter/Website:

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Marilyn Weisbart (250) 479-4040

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