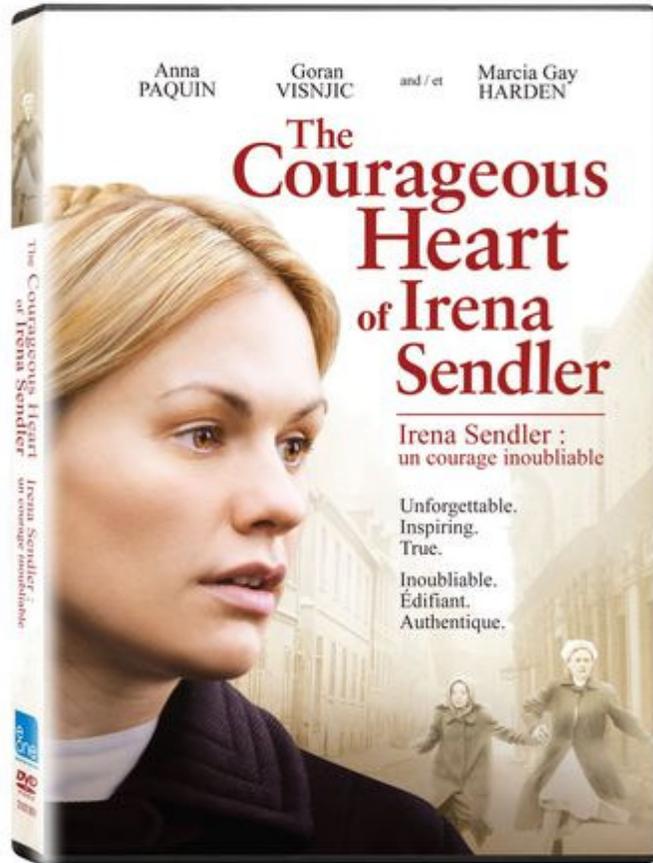




CHW Children  
Healthcare  
Women

**VICTORIA**



*What: "The Courageous Heart of Irena Sendler"*

*When: Saturday November 15, 2014 from 7:00 pm to 9:30 pm*

*Where: Jewish Community Centre, 3636 Shelburne, Victoria*

The remarkable story of Irena Sendler, a social worker who was part of the Polish underground during World War II and was arrested by the Nazi's for saving the lives of nearly 2,500 Jewish children by smuggling them out of the Warsaw ghetto.

Please RSVP to Celia Negin at 995-1414 or [cemor79@gmail.com](mailto:cemor79@gmail.com) by November 8, 2014,

**"Entry by Donation"**



CHW Children  
Healthcare  
Women

**VICTORIA**



***'Mark your calendar'***

**CHW Victoria Annual Chanukah Party**

**At the home of Helene Kadziora**

**On Thursday December 18, 2014**

**From 6:00 pm to 9:30 pm**

**1361 Rockland Avenue, Victoria, BC**

Check out our link on the National Website: Go to [www.chw.ca](http://www.chw.ca) at bottom of page click on Victoria

November 2014/5775

**About CHW**

Supporting Children, Healthcare, and Women in Israel and Canada for almost 100 years.

Canadian Hadassah-WIZO (CHW) is Canada's leading Jewish women's philanthropic organization.

Founded in 1917, CHW is non-political, volunteer driven and funds a multitude of programs and projects for Children, Healthcare and Women in Israel and Canada.

For more information, please visit [www.chw.ca](http://www.chw.ca)

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**President's Message**

One change you will notice is that we have switched the film we are showing November 15. Not that The Lady in Number 6 Alice Herz is not worthy of seeing, or hearing her story, but as it is a 30 minute film and we felt the 90 minute film of Irena Sendler would be a better option for our evening program. If anyone wants to see The Lady in Number 6 please get in touch with me and I will be pleased to lend you the DVD.

Our annual Chanukah party will be in a new location, Helene Kadziora's gracious home on Rockland Ave. Your program committee is working on details and a flyer will be coming out with full details. Save your loonies and toonies for the annual raffle. We will celebrate our freedom together.

Happy Fall,

Shalom from Sharon

## Welcome to the Greenest Building in Israel By [Karin Kloosterman](#) September 17, 2014, Israel 21c



A strange-looking capsule made of curved bamboo strips (sustainably harvested, of course) pops out from a south-facing wall of sun-collecting tubes. The intention of building such an odd accessory into Israel's latest and foremost "green" building for the Porter School of Environment Studies at Tel Aviv University really was to scream "look at me" as thousands of Israelis make the daily commute into or across Tel Aviv.

Built atop the highest part of Tel Aviv on a precipice that hangs over the city's main artery, the Ayalon Highway, the new edifice — Israel's first LEED Platinum-certified building — sits outside the main belt of the campus beside the university's unusual Urban Safari. While it was once a dumping ground, today this is prime real estate close to the train station.

The Porter School was established about 15 years ago, and oversees an estimated 150 master's students and 60 aspiring PhDs every year. Now it finally has a home fitting of an environment school that attracts overseas students and visitors. ISRAEL21c got a private tour before the building opens for the coming school year.

### Indoor wetlands

With no security perimeter, the Porter School welcomes guests with wetlands. A series of open gray-water collection pools recycles water from the building, turning it fresh with the help of water lilies. Standing at a shaded entrance, Porter PhD student Hofit Itzhak Ben Shalom shows us the features that architects built in to ensure minimal energy will be consumed by the building and people using it. "Notice no elevators?" she points out. "We have elevators, of course, but we've hidden them. We want people to think about taking the stairs automatically." There are about 300 sunny days per year in Israel. In the summer, the heat can be unbearable. Reducing the energy costs of cooling the building was a key factor in its construction. It was designed by about 40 people from Axelrod-Grobman Architects; Chen Architects and Joseph Cory's Geotectura Studio.

To deal with the intense heat of the sun, the building is in three layers to shield people working in its labs and offices. A series of enclosed patios are for public expo rooms. Solar tubes collect energy from the sun and simultaneously shade occupants from its rays. The tubes, in fact, generate about 30 percent of the energy used by the school. Water in the tubes gets heated, and up on the roof this heat drives turbines that create power.

On the wall with the solar tubes hangs an egg-shaped capsule where students and teachers can "float" new ideas. The capsule is more than a pretty nose on the face of the building. It is like an egg ready to give birth to new ideas. The central lobby is a buffer zone with vaulted ceilings illuminating passive light and cooling features that transfer seaborne air around the building at certain times of the day. Cool water pipes underfoot circulate another layer of cool air around the building. The third segment of the building to the north has few windows opening to the south in order to conserve air-conditioning energy. The office windows face the north, and the rooms were built smartly so that movement and light sensors will automate air-conditioning and artificial lighting when needed.

### A green home of dreams



Much thought went into the construction of the building, from sensors in the wetlands to choice of plants for the green roof to transferring waste energy to water piping in the floors to cool or heat the building, depending on the weather. Even the concrete is from a sustainable source, Itzhak Ben Shalom tells ISRAEL21c. The Porter School follows the [Azouri Eco-Tower](#), Tel Aviv's first LEED Gold standard edifice, built in 2010. Israel's first "green" building was Intel's Development Design Center in Haifa. Prof. Dan Rabinovich, who heads the school, says that Porter's students "belong to a generation that sees sustainability, the environment, social justice and our common future on this planet as one and the same." Their new building will be a testament to this. Look for it by day and lit up by night as you drive northward on the Ayalon Highway. Better still, pop in when it's open to see what kind of new green research is cooking.

## CHW Cards for Sale

We have CHW cards for sale for all occasions. If you mail the card yourself, the cost is \$6.00 dollars per card. If you wish Josie or Lisa to mail it for you, then the cost is \$7.00 for cards within Canada, and \$8.50 for cards to the US or abroad. This covers cost of cards, envelopes and postage. Please remember to send your cheque to Esther Laredo, 4767 Elliot Place, Victoria, BC V8Y 3E4. CHW also offers e-cards. All online orders receive an electronic tax receipt issued for donations of \$10.00 or more. If you are donating online, please make sure to mention CHW Victoria as the chapter, in order that we get the credit for the donation. Please go to [www.chw.ca](http://www.chw.ca) and then go to ecards.

You can contact Josie Davidson: 250-383-6478 (home) 250-889-7133 (cell), [nehamashira@gmail.com](mailto:nehamashira@gmail.com) or Lisa DeGall: 250-642-7238 or [ldegall@aol.com](mailto:ldegall@aol.com) and they will be very happy to help you! If you wish to order cards from National, you may contact Lisa DeGall, our new Card Co-ordinator.

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## Good and Welfare



Here's wishing a Very Happy Birthday to Frances Aknai, Josie Davidson and Esther Laredo!



Best Wishes for A Very Speedy Recovery to Marilyn Weisbart!

Our thoughts and prayers are with Gidi Nahshon and his family!

Life member Estelle Krawitz passed away in September. Condolence cards can be sent to the family In care of Beacon Hill Villa, 635 Superior Street, Victoria V8V 1V1

## Shiva Meal Fund Reminder

Our CHW Victoria Chapter has decided to implement a Shiva Meal Fund. This will be an open ended fund which is low at the present time. We suggest an initial donation of \$18. This is a local endeavour and will be used to help members of our Chapter and their families during a difficult time. Any member who has contributed to this fund, will be recognized in the newsletter. Please write your cheques to CHW Victoria, with a memo for the Shiva Meal Fund. As always, these donations can be sent to Esther Laredo. If you have any questions or concerns don't hesitate to contact any member of our board.

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## A Note from Susan Kendal



To my friends in CHW Victoria:

Words truly cannot express how much your thoughts and prayers helped me during the time I was waiting for a transplant.

It's hard to believe that it is already two months since I received the gift of a new kidney, and I am doing very well. Your cards, certificates, and warm wishes certainly helped my recovery – I have no doubt of that. Thank you all! *Susan*

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## Israeli Innovation



[Hyginex](#) makes a smart bracelet to be worn by every staff member in a hospital to make sure that all personnel wash their hands after contact with patients. Clean hands can practically eliminate most hospital-borne infections. Nurses, doctors and even candy-strippers know it, but Hyginex enforces it. *Israel 21c, May 2014*

## Famous Jewish Quotation

"Forgiveness is the key to action and freedom." —Hannah Arendt

### Upcoming Events for 2014

Saturday November 15, 2014—At the J.C.C.  
Presentation of DVD "The Courageous Heart of Irena  
Sendler" at 7 pm.

Thursday December 18, 2014—Chanukah Party at the  
home of Helene Kadziora. Time 6:00 pm to 9:30 pm

Thursday January 15, 2015—Speaker Sam Duke will  
speak on Organ Transplants. The title will be "Live  
Life, Pass It On". Details TBA

### Important

If you are moving or changing your e-mail  
address, please contact Celia Negin as soon as  
possible, so we can make the changes  
immediately.

### Toiletries

Don't forget to bring your toiletries for  
Sandy Merriman House for women.

### Knitting Reminder

When you are finished your knitting project for the  
Hadassah Hospital in Israel, please call Dina Wolfe at  
778-265-1234 and make arrangements to deliver  
them to her. She will be delighted to receive them.  
The deadline for this project is December 1, 2014 and  
if you wish to send items later you can arrange to  
send them on your own.

### Board Members for 2014/2015

#### President:

Sharon Fitch 381-1166

#### Vice President:

Marilyn Weisbart 479-4040

#### Program Coordinator:

Josie Davidson 383-6478

#### Membership:

Celia Negin 995-1414

#### Treasurer/Program Assistant:

Esther Laredo 658-6550

#### Secretary:

Damaris Notte 656-0752

#### Newsletter/Website Manager:

Eleanor Mintz 479-2425

#### Members-At-Large:

Zelda Dean 544-1322

Susan Halpert (780) 489-4773, (250) 519-4773

#### Advisor:

Susan Kendal 383-2944

### Chairpersons

#### Publicity:

Frances Aknai 360-0356

#### Cards:

Josie Davidson 889-7133

Lisa De Gall 642-7238

#### Telephone:

Sherry Sheffman 598-7683