



CHW Children  
Healthcare  
Women

**VICTORIA**



*What: "The Lady in # Six": How music saved my life.*

*When: Saturday November 15, 2014 from 7:00 pm to 9:30 pm*

*Where: Jewish Community Centre, 3636 Shelbourne, Victoria*

*The Lady in Number 6* is one of the most inspirational and uplifting stories of the year. As the world's oldest pianist and holocaust survivor, 109 year-old Alice Herz Sommer shares her views on how to live a long and happy life. She discusses music, laughter and how to remain optimistic come what may. The film features beautiful photographs and rare film footage that truly brings Alice's extraordinary story to life.

Please RSVP to Celia Negin at 995-1414 or [cemor79@gmail.com](mailto:cemor79@gmail.com)

**"Entry by donation"**



# VICTORIA

Check out our link on the National Website: Go to [www.chw.ca](http://www.chw.ca) at bottom of page click on Victoria

October 2014/5775

## About CHW

Supporting Children, Healthcare, and Women in Israel and Canada for almost 100 years.

Canadian Hadassah-WIZO (CHW) is Canada's leading Jewish women's philanthropic organization.

Founded in 1917, CHW is non-political, volunteer driven and funds a multitude of programs and projects for Children, Healthcare and Women in Israel and Canada.

For more information, please visit [www.chw.ca](http://www.chw.ca)

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## President's Message

I want to share news about some of our members.

- Beverley Merson is the president of Jewish Family Services of Vancouver Island.
- Frances Aknai is the producer of the Vancouver Island Jewish Community Directory. If you want to be listed in the Directory send your info to Frances at [faknai@shaw.ca](mailto:faknai@shaw.ca)
- Dina Wolfe has been spearheading a knitting project for newborns for Hadassah Hospital.
- Penny Tennenhouse, our new chapter photographer, has been taking beautiful photos of our events.
- We have 3 new Life Members: Lee Adler, Jill Swartz, and Susan Halpert.
- Welcome to Josie Davidson who has joined our Board as program coordinator. Esther Laredo will be assistant program coordinator.
- Paulette Zettler, skin care consultant from Serenity Esthetics, gave a well received demonstration of a facial, done on her mother Simone Benloulou, assisted by her daughter Amy, at our Membership tea Sept 14.
- Zelda Dean is in the process of producing a play to be performed end of November.

Well done ladies.

I wish you and your families a meaningful fast on Yom Kippur and a pleasant and delightful Sukkot.

Shalom from Sharon

## CHW Cards for Sale

We have CHW cards for sale for all occasions. If you mail the card yourself, the cost is \$6.00 dollars per card. If you wish Josie or Lisa to mail it for you, then the cost is \$7.00 for cards within Canada, and \$8.50 for cards to the US or abroad. This covers cost of cards, envelopes and postage. Please remember to send your cheque to Esther Laredo, 4767 Elliot Place, Victoria, BC V8Y 3E4. CHW also offers e-cards. All online orders receive an electronic tax receipt issued for donations of \$10.00 or more. If you are donating online, please make sure to mention CHW Victoria as the chapter, in order that we get the credit for the donation. Please go to [www.chw.ca](http://www.chw.ca) and then go to ecards.

You can contact Josie Davidson: 250-383-6478 (home) 250-889-7133 (cell), [nehamashira@gmail.com](mailto:nehamashira@gmail.com) or Lisa DeGall: 250-642-7238 or [ldegall@aol.com](mailto:ldegall@aol.com) and they will be very happy to help you! If you wish to order cards from National, you may contact Lisa DeGall, our new Card Co-ordinator.

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### Healing Garden at Hadassah's Hospitals Dedicated to Smorgon Family—*hNews September 2014*



Osnat Levtzion-Korach, Eitan Kerem, Vicki Smorgon work to build the Jack and Robert Smorgon Families' Foundation Healing and Environmental Garden.

“Seven years ago, I looked out the window and saw rocks and thorns and dirt, said Prof. Eitan Kerem, Director of the Hadassah Medical Center’s Division of Pediatrics, at the June 22nd dedication of the Jack and Robert Smorgon Families Foundation Healing and Environmental Garden. “Today,” he continued, “we have grass and flowers and a pirate ship and a vegetable garden for our small patients and their families.”

Attending the dedication at Hadassah Hospital-Mount Scopus were Jack Smorgon of Australia, family members, Director General of the Ministry of Health Prof. Arnon Afek, and representatives from Hadassah Australia, JNF Australia, KKL-JNF Israel, and Hadassah, including National President Marcie Natan. The garden was spearheaded by a partnership between Hadassah Australia and Kerem Kayemet L'Yisroel (KKL)/Jewish National Fund (JNF) Australia "to provide a sanctuary of calm, of light, of beauty, for those children who are facing serious, long-term illness, so that they can connect with nature, sit under a blue sky with family and friends, and leave a troubled world behind—even for just a few minutes a day."

“You in faraway Australia,” Mrs. Natan noted, “have worked hard to show generations of people here in Jerusalem, particularly the unfortunate children who have chronic diseases, that people thousands of kilometers away care about making their lives better. This garden is an important reflection of Hadassah’s humane mission within Jerusalem’s unique heterogeneous population.” She added: “I look out at you and see donors who are privileged to be able to bring healing to the children of Israel. “We thank you in their names.” Jack Smorgon spoke about the perfect fit of this project with the goals of the Smorgon Foundation, which focuses on community, environmental issues and, above all, children. Hadassah-Mt. Scopus Director Dr. Osnat Levtzion Korach brought out that the garden would be an icebreaker among the different patients and their parents, who would mingle there. In addition, when possible, treatment will be given to the children in the garden.

“The garden surpasses any expectations I had,” said Jerusalem Mayor Nir Barkat. “Such tranquility amidst one of the best hospitals in the world”! Praising Hadassah’s service to the community, both in medical treatment and research, the Mayor commented that Hadassah’s medical excellence was one of the reasons Jerusalemites want to live in the united city. A highlight of the dedication ceremony was the singing of the Australian National Anthem and Waltzing Matilda by Gideon Aroni, who donated the monetary gifts from his Bar Mitzvah celebration to the healing garden.

Date: 6/25/2014

## Good and Welfare



**Best Wishes for A Very Happy Birthday to Linda Green and Damaris Notte!**



**We wish Lynn Rauch a Very Speedy recovery after her hip operation!**



**Mazel Tov to Lindy and Stan Shortt on the engagement of their daughter, Elie!**



**Mazel Tov to Charlotte Sutker on the recent marriage of her daughter, Shulamith!**

## Shiva Meal Fund

Our CHW Victoria Chapter has a Shiva Meal Fund, which has been approved by National. This will be an open ended fund, which will be non tax deductible and therefore no tax receipts will be issued. This is a local endeavour and will be used to help members of our Chapter during a difficult time. We suggest that perhaps an initial donation of \$18 would be appreciated. Please write your cheques to CHW Victoria, with a memo for the Shiva Meal Fund. As always, these donations can be sent to Esther Laredo. If you have any questions or concerns don't hesitate to contact any member of our board.

## A Peek in Our Members' Kitchens



**Piedmont Roasted Peppers**—Thank you to Damaris Notte for sharing this recipe with us

- 4 large red peppers (green aren't suitable)**
- 4 medium tomatoes**
- 8 tinned anchovy fillets, drained**
- 2 cloves garlic**
- 8 dessertspoons Italian extra virgin olive oil**

**Preheat oven to 350 F (180 C)**

**Begin by cutting the peppers in half and removing the seeds but leaving the stalks intact (they're not edible but they do look attractive and they help the pepper halves to keep their shape.)**

**Lay the pepper halves in a lightly oiled shallow (16 x 12 inches) roasting tray.**

**Now put the tomatoes in a bowl and pour boiling water over them.**

**Leave them for 1 minute, then drain them and slip the skins off, using a cloth to protect your hands.**

**Then cut the tomatoes in quarters and place two quarters in each pepper half.**

**After that snip one anchovy fillet per pepper half into rough pieces and add to the tomatoes.**

**Peel the garlic cloves, slice them thinly and divide the slices equally among the tomatoes and anchovies.**

**Now spoon 1 dessertspoon of olive oil into each pepper, season with freshly milled pepper (but no salt because of the anchovies) and place the tray on a high shelf in the oven for the peppers to roast for 50 minutes to an hour.**

**Then transfer the cooked peppers to a serving dish, with all the precious juices poured over, and garnish with a few scatter basil leaves.**

**These do need good bread to go with them as the juices are sublime. Focaccia with olive would be perfect.**

### Note from Cool Aid Society for Toiletries

Sharon- Please extend our deep appreciation to the members of Canadian Hadassah-WIZO of Victoria for the donation you made. Your support means a great deal to us. Thank you Christine

## Looks like a Segway, Acts like a Wheelchair *by Abigail Klein Leichman, August 14, 2014, Israel 21c*

### Introducing the UPnRIDE convertible wheelchair from the Israeli makers of the ReWalk robotic exoskeleton.

The robotic ReWalk exoskeleton from Israel's Argo Medical Technologies, featured on primetime's Glee, Time magazine's list of greatest inventions of 2013 and at the London Marathon, will be a hard act to follow. But the ReWalk's inventor, Amit Goffer, is hoping to score another hit with a new innovative wheelchair, UPnRIDE, designed for people like himself who cannot benefit from the ReWalk because they are quadriplegic and don't have full functionality in their arms. (The ReWalk is only by those who are paraplegic, paralyzed below the waist.).



UPnRIDE will enable many wheelchair users to be fully mobile in standing position anywhere, including in an urban environment, says Oren Tamari, CEO of RehaMed Technologies. "After seven years at Argo, and after bringing the ReWalk to where it is now, I am currently working with Amit Goffer on a new product that will improve the quality of life and health of all wheelchair users," Tamari tells ISRAEL21c. "This is very meaningful, because we know that not every wheelchair user can use the ReWalk. This new solution can fit almost everyone who uses a wheelchair."

### Automatic balancing, Segway-like appearance

As a category, the standing wheelchair is not a new product. These devices have been shown to improve circulation, elimination and bone density, and could also improve overall quality of life and independence among wheelchair users. What's different about the UPnRIDE? "The twist we bring here is the stabilization," says Tamari. "Other solutions on the market may only be used indoors because they move the center of gravity out of the chair and there would be a fall on a slope. The UPnRIDE will stabilize the user no matter what surface he rides on. He'll stay vertical to the ground even if it's uneven or sloping. This is the essence of this product, because we can maintain the center of gravity and allow full mobility in standing position."

The UPnRIDE also was designed with ejectable arms as an emergency safety feature for extreme terrain, "like airbags in a car," says Tamari. Under most conditions, the auto-balance mechanism would be sufficient. The device will easily transform from sitting to standing positions so that wheelchair users could partake of normal everyday activities in a more seamless way than is currently possible. "The standing mechanism of our product also is different. We do it with something similar to braces and straps, while in other solutions it is done with a fixture in front of the user that does not allow sitting next to a table." Perhaps just as importantly, Tamari adds, "We'll use industrial design it in a way that it will look more like a Segway, so when people see the user of this device they won't think 'disabled.' This is an issue of self-esteem."

### Two years to market

A team of engineers from a range of disciplines has been developing the device in Ramat Yishai, in the north of Israel. Tamari, a physicist with a master's of business administration, heads the company while founder Goffer (who remains actively involved in Argo Medical Technologies) is the president and chief technology officer. Having filed patent applications, UPnRIDE is in the design phase now, and RehaMed is currently in the midst of a \$1 million fundraising round. "We are hoping to have the first prototype within several months," says Tamari. "We have a plan of about two years to introduce the first model, and then we will do some improvements and add-ons. Advanced models will allow reclining and joint training, as well." The market could be lucrative, given that the number of global wheelchair and mobility scooter users in developed countries is 8.2 million and growing annually by five percent, according to RehaMed research.

About 61% of those people can use smart wheelchairs, translating to a potential annual market of several billion dollars based on the UPnRIDE's target end-user price of \$25,000. "The trend in the industry is toward robotic wheelchairs and 'smart' wheelchairs, and we plan to be a leader in this industry," says Tamari.

## Famous Jewish Quotation

"In the facades we put on for others we demonstrate our potential; through our children we reveal our reality." - Lawrence Kelemen, *To Kindle A Soul*

### Upcoming Events for 2014

Saturday November 15, 2014—At the J.C.C.  
Presentation of "The Lady in # 6": How music saved my life. Time: 7:00 pm

December 18, 2014—Chanukah Party at the home of Helene Kadziora. Time 6:00 pm to 9:30 pm

Week of January 18, 2015—Sam Dukes to speak on Liver Transplants. Details TBA

### Important

If you are moving or changing your e-mail address, please contact Celia Negin as soon as possible, so we can make the changes immediately.

### Toiletries

Don't forget to bring your toiletries for Sandy Merriman House for women.

### Knitting Reminder

When you are finished your knitting project for the Hadassah Hospital in Israel, please call Dina Wolfe at 778-265-1234 and make arrangements to deliver them to her. She will be delighted to receive them. The deadline for this project is December 1, 2014 and if you wish to send items later you can arrange to send them on your own.

### Board Members for 2014/2015

#### President:

Sharon Fitch 381-1166

#### Vice President:

Marilyn Weisbart 479-4040

#### Programming:

Josie Davidson 383-6478

#### Membership:

Celia Negin 995-1414

#### Treasurer:

#### Assistant Programming:

Esther Laredo 658-6550

#### Secretary:

Damaris Notte 656-0752

#### Newsletter/Website Manager:

Eleanor Mintz 479-2425

#### Members-At-Large:

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#### Advisor:

Susan Kendal 383-2944

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Frances Aknai 360-0356

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