



VICTORIA

December 2015/5776

About CHW

Supporting Children, Healthcare, and Women in Israel and Canada for almost 100 years.

Canadian Hadassah-WIZO (CHW) is Canada's leading Jewish women's philanthropic organization.

Founded in 1917, CHW is non-political, volunteer driven and funds a multitude of programs and projects for **Children**, **Healthcare** and **Women** in Israel and Canada.

For more information, please visit www.chw.ca

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Message from CHW Victoria Board—Damaris Notte, Secretary

Chanukah, the Feast of Dedication will soon be upon us. The Days of Repentance and Awe, and Yom Kippur, have provided an opportunity to put things right with each other and with G-d, and during the days of Sukkot we celebrated our dependence on G-d and His faithfulness to us and the joy of Torah. Now we have the opportunity to celebrate being a light to the world. As Rabbi Shmuel Bloom has stated, "On Chanukah we relate the stories of the victorious battles and we say "Thank You G-d". We understand and recognize that "You" are the One to determine what happens. "We" are the ones who must use the talents and abilities that You have given us to bring kedusha and purity to the world."

With this in mind, I think we in CHW are using our talents and abilities that G-d has given us to bless those living in Israel. CHW has many on-going projects, the newest being The French Na'aleh Program, which is receiving Francophone youth from countries such as France, Switzerland and Morocco, and is particularly significant at this time as France has been traumatized by terrorist attacks and the increasing rise of anti-semitism. As we light the menorah candles and celebrate the miracle of Jewish survival and spiritual heritage, please remember this wonderful program that provides security for Francophone children and needs our support.



CHW Children
Healthcare
Women

VICTORIA



"Mark Your Calendar"

Bring your Spouses, Partners and Friends

To our CHW Victoria Annual Chanukah Party

At the Jewish Community Centre

3636 Shelbourne Street, Victoria, BC

On Sunday December 13, 2015

From 6:00 pm to 9:00 pm

Bring an Appetizer, Salad, or Dessert for 10 People or \$10

Don't Forget Your Menorah and Candles

Take Part in the Dreidel Spinning Contest and Surprise Raffle

Please reply by December 6, 2015 to Celia Negin at morcel@shaw.ca or (250) 995-1414





You are invited

To join us for lunch

At the Jewish Community Centre of Victoria

“Lox, Stock & Bagel Deli”

3636 Shelbourne, Victoria

Wednesday January 13, 2016

From 11:30 am to 1:30 pm

Please RSVP by January 6 , 2016 to Celia Negin at morcel@shaw.ca or (250) 995-1414



Shiva Meal Fund

Did you know that our CHW Victoria Chapter has a Shiva Meal Fund?

Approved by National, this is an open ended fund, which is not tax deductible. No tax receipts will be issued. This fund will need to be "topped up" as it is used. You may want to consider donating to the CHW Victoria "Shiva Meal Fund" in memory of your loved ones, on the occasion of their Yahrzeit.

Reaching out to members and opening our hearts to others in times of great need is a truly wonderful mitzvah. This is a local endeavour, and will be used only for members of our Chapter. With funds we have collected thus far, we have now provided 4 Shiva Meals. Thank you to Lynn Rauch and Celia Negin who donated to this fund in November 2015.

Please consider contributing to our Shiva Meal Fund. Cheques may be written to CHW Victoria, with a memo for the Shiva Meal Fund. As always, donations in any amount can be sent to our Treasurer, Esther Laredo, at 4767 Elliot Place, Victoria, BC V8Y 3E4.

If you have any questions or concerns don't hesitate to contact any member of our board.

Todah Rabah, Thank You

CHW Cards/Certificates for Sale—Please note change



We have CHW cards for sale for all occasions. If you mail the card yourself, the cost is \$6.00 dollars per card. Lisa DeGall is now our only card contact person, as well as our National Co-ordinator. If you wish Lisa to mail it for you, then the cost is \$7.00 for cards within Canada, and \$8.50 for cards to the US or abroad. This covers cost of cards, envelopes and postage. Please remember to send your cheque to

Esther Laredo, 4767 Elliot Place, Victoria, BC V8Y 3E4. CHW also offers e-cards. All online orders receive an electronic tax receipt issued for donations of \$10.00 or more. If you are donating online, please make sure to mention CHW Victoria as the chapter, in order that we get the credit for the donation. Please go to www.chw.ca and then go to ecards. You can contact Lisa DeGall: 250-642-7238 or ldegall@aol.com and she will be very happy to help you!



We would also like to remind you that certificates can be purchased from CHW as well. With a donation of \$50 to \$99 you can purchase a small certificate, and with a donation of \$100 or over you can purchase a large certificate. You can contact Eleanor Mintz at eleanor.mintz@shaw.ca or (250) 479-2425 and she will be happy to help you.

Good and Welfare

Happy Chanukah to you and your families!

Best wishes for A Very Happy Birthday to Lise Jobin and Zelda Dean!

Best wishes for A Speedy Recovery to Josie Davidson and Esther Laredo! May you quickly regain your health!

Mazal Tov to Jill Swartz and Mike Goldstein on the birth of their first grandchild, a boy, in Berlin, Germany.

Best wishes for a Speedy Recovery to Ruth Canvasser!

Sincere condolences to Iris Green-Starr and family on the passing of her mother-in-law, Roz Starr, in Toronto

A Peek in Our Members' Kitchens



Sour Cream Banana Cake-- Shared by Eleanor Mintz- a favourite dessert recipe from "Second Helpings Please"

$\frac{1}{2}$ cup soft butter
 1 $\frac{1}{4}$ cup sugar
 2 eggs
 1 tsp. vanilla
 1 tsp. baking soda

$\frac{1}{4}$ cup sour cream
 1 cup ripe mashed bananas or
 2 large bananas
 1 $\frac{1}{2}$ cups flour
 $\frac{1}{4}$ teaspoon salt

Beat butter, sugar, eggs and vanilla until light and fluffy. Dissolve baking soda in sour cream. Add to batter and beat well. Add bananas alternately with dry ingredients. Mix just until blended. Pour into a prepared 9" square baking pan. Bake at 350 degrees for 45 to 50 minutes.

Banana Icing:

2 cups butter, $\frac{1}{4}$ cup mashed bananas, $\frac{1}{4}$ tsp. lemon juice and 1 $\frac{1}{2}$ cups sifted icing sugar

Combine all ingredients and blend until smooth. Yield: For a 9" square cake

National Conference Report—by Marilyn Weisbart

"I had the honour of representing Victoria CHW at the recent annual meeting and meeting of the Presidents Forum. It was very interesting as I have not attended one of these meetings in quite some time and I found quite a few changes.

First of all of course, the offices have moved to Toronto. Hopefully going forward this will prove to be a smart decision. Certainly it appears that CHW has managed to replace the Montreal personnel with some very efficient and personable people. Things appear to be running smoothly and certainly the power point presentations showed a high level of expertise. We passed a Resolution officially moving the head office to Toronto from Montreal.

I found the presentation of our financial statements to be excellent and far superior to the "old days"! There was some excellent news. CHW has not only been able to increase its contributions to our projects in Israel because of increased donations across the country (4 percent), and an increase in Sustainers (5.4 percent) but it has also decreased its expenses. The ratio of donations to expenses as set out by Canada Revenue Agency is 30 percent to 70 percent. CHW has managed to decrease its expenses to 23 percent. We should be very happy.

The recap of our projects by Claudia Goldman was just wonderful. Did you know we support 50,000 children in Israel and provide over 900,000 meals? Nahalal now has a program called MAHUT which is a learning program helping children with disabilities. You should also know that the underground operating rooms at Hadassah Hospital are now open.

The afternoon Presidents Forum was quite interesting. We decided that from now on we are going to align the elections of new officers at the chapter level to adhere to the new two year term of the National President. That way all presidents will be taking their new positions at the same time as the new National President.

It was announced that the next annual gala and meetings will take place in Vancouver on November 5 and 6.

We were presented with a Go Guide donated by Montreal which basically sets out a step by step method on planning an event. This was very well done and is literally a step by step program which takes all the mystery out of planning.

Montreal sent out a questionnaire to potential workers, fundraisers, members. Based on the responses, they held Pop Up events. For example they held a spa night at a local spa who provided their services at a discounted rate. Women paid a fee and had a wonderful night. The chapter raised a fair amount of money and the women were mostly younger and interested. The idea is not necessarily to get them to become members but rather perhaps help during a fund raiser that appeals to them or even do a fundraiser on their own. No pressure.

I will sign off and if anyone has any questions I am available to try and answer them!

Nine top off-the-beaten-path places to visit in Israel By [Abigail Klein Leichman](#) September 24, 2015—Israel 21c

I will feature one in each newsletter.

Sculpture Road (Derech HaPesalim) between Jerusalem and Tel Aviv



route.

Along Route 44 off the Jerusalem-Tel Aviv Highway 1 lies the Sculpture Road, a 10-kilometer (6.2-mile) route through the KKL-JNF Presidents Forest. It's lined with environmentally friendly artworks – including one honoring the space shuttle program — sculpted by immigrant artists from the former Soviet Union. Bring a picnic lunch and eat at one of the many benches and tables on the

Members' Corner

I was most fortunate to have lived in beautiful Victoria with my late husband Jacques for 25 years. It seems unreal that three years have passed since I left for Miami. Not a day goes by without thinking of my dear good friends I left behind. From the very beginning, Ruth Cooperstock introduced me to Hadassah WIZO and from then on I formed great friendships. At this time I want to wish you all a Happy Chanukah and a Healthy New Year to come! If and when in Miami, be sure to look me up! Love, Eve Battan Peraya

Editor's Note: We would love to hear from you! If you wish to write a short paragraph for this section, please send it to me. Anything you would like to share with us would be most welcome!--Eleanor

Did You Know?—Israel 21C, November, 2015

Technology:

Israel leads the world in the number of scientists and technicians in the workforce, with 145 per 10,000, as opposed to 85 in the U.S., over 70 in Japan, and less than 60 in Germany. With over 25% of its work force employed in technical professions. Israel places first in this category as well.

Judy Blume *Hadassah Magazine, October/November 2015, [Rahel Musleah](#)*

Eleanor Mintz writes: As I remember my two daughters reading Judy Blume books when they were young, I became very excited when I saw an article about her in the October/November 2015 Hadassah Magazine.

Judy Blume began publishing in 1969 and has written 29 books, and has sold over 85 million copies, which have been published into 32 languages. She has a real empathy with children and can see life through their eyes. She writes with honesty and thoughtfulness and has won many awards.

At the age of 77, Blume has now finished her 4th adult book, “In an Unlikely Event” a true story about a tragedy she lived through as a teenager in Elizabeth, New Jersey. Blume now writes and looks at life from a different perspective.

Through Judy’s novels both children and adults can relate to all aspects of life. She writes from the heart. Jewish readers appreciate the fact that some of her characters are Jewish and that they can relate to the themes through their own lives.

These extracts have been taken from the article on Judy Blume, written by Rahel Musleah in the Hadassah Magazine, October/November 2015:

“Everyone wants to know what’s different about kids today,” says Blume. “They are not different. Everything around us is different, but there is a sameness to people. There is a sameness to children. I can meet a 4-year-old, and I can make eye contact, and I know that 4-year-old.

“I always knew it happened. Why I never wrote about it—having a story like that—why wouldn’t I tell it? I have no answer to that.”

“Culturally and spiritually I’m a Jewish girl from New Jersey,” says Blume. She shares a few Hadassah tidbits: Her mother belonged to Hadassah; she herself is a Hadassah life member; she named her first doll Hadassah after the beautiful daughter of a rabbi, both patients of her father; and Cooper’s aunt by marriage was related to Henrietta Szold, says Blume.

“Judy is the genuine thing. She understands the universal experience and tells it how it is without any pretension,” says Beverly Horowitz, vice president and publisher at Delacorte Press (an imprint of Random House), who has edited some of Blume’s books and took her on her first publicity tour. “She writes about the essence of what people experience emotionally and honestly, having experienced it herself. She does that without judgment, in a manner that is complex but not overwhelming. People feel she captures more than what they know how to discuss.”

“They enjoy finding books that are not about Jews in the Holocaust or other hard times, but focus instead on characters who are like themselves and about families that sound like their own,” says Blume.

She’s in a different place now, she says, than she was when she wrote her early books: “I like complicated storytelling and I made my name on the opposite.” She is not sure how she will channel her creative energy next, but in the meantime she loves being outdoors (her desk in Key West faces her garden) and savors her hobbies: reading for pleasure; walking two fast miles a day; riding her bike, enjoying movies and the theater, and tap-dancing when she can (she learned at age 45).

Today, young fans who write to Blume or meet her at book signings often ask her, if she had a superpower, what would it be? “I had to think a lot about that,” she says. “Maybe I could be invisible. I’d fly vertically and over just above. I’d know what everyone was saying and doing and thinking. I’ve made that up because I really don’t know.... I have a lot of imagination. Maybe that’s my superpower.”

For the full article go to www.hadassahmagazine.org/2015/10/21/judy-blume/

Famous Jewish Quote:

“Everybody needs his memories. They keep the wolf of insignificance from the door.” —Saul Bellow

Upcoming Events for 2015/2016

Sunday December 13, 2015— JCC, Chanukah Party. 6 pm to 9 pm.

Wednesday January 13, 2016—Lunch at the JCC. 11:30 to 1:30. Details TBA

Sunday February 7, 2016—Emanuel Synagogue— from 2:00 to 4:30 pm. An interactive arts program with the director of Victoria's new Bema Theatre.

Important

If you are moving or changing your e-mail address, please contact Celia Negin as soon as possible, so we can make the changes immediately.

Toiletries

Don't forget to bring your toiletries for Sandy Merriman House for women or The Single Parent Resource Centre.

Board Members for 2015/2016

Past President:

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