



Come Together RIGHT NOW

About CHW

CHW passionately supports programs and services for Children, Healthcare, and Women in Israel and in Canada.

Canadian Hadassah-WIZO (CHW) is Canada's leading Jewish women's philanthropic organization.

Founded in 1917, CHW is non-political, volunteer driven and funds a multitude of programs and projects for Children, Healthcare and Women in Israel and Canada.

For more information, please visit www.chw.ca

August 2018/5778

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Message from your Executive –by Celia Negin, Membership Chair

Shalom from the Executive to all our Hadassah members. We do hope you are enjoying the long, lovely summer days.

The birthday fundraising luncheons every two months honouring our members' birthdays are a great success, bringing together new and current members. These functions provide the opportunity to contribute to the important and much needed support of CHW projects in Israel. In place of a restaurant venue, the August 19, 2018 fundraising birthday luncheon will be a BBQ at the home of Marilyn Weisbart.

New Year is approaching and we would like to extend our warmest thoughts and wishes for a year filled with good health, happiness and peace.

September will be the start of new Hadassah functions and they will be posted in the CHW Newsletter.

We look forward to connecting with everyone in the New Year.

August BBQ:

CHW Victoria
Invites You to attend

**Our Birthday Party Fundraiser
August Barbeque
At the home of Marilyn Weisbart
799 Worthington Place
Victoria, BC**

**Sunday August 19, 2018
At 12:30 pm**

**We will be honouring the July and August birthdays of the following members:
Talia Balagero, Sharon Fitch, Orli Kalfon, Leah Kinarthy, Eleanor Mintz
and Edie Southward**

*minimum \$5 donation is requested, which will be donated to
CHW Hadassim Children and Youth Village Therapeutic Centre
"Please note that donations under \$10 do not generate a tax receipt"*

*If you are paying cash and require a tax receipt, please put your donation in an envelope and
write your name and amount on the outside*

*Please bring salads or desserts for 5 or 6 people
and let Celia know what you are bringing*

Please RSVP to Celia Negin at morcel@shaw.ca or (250) 995-1414 by Sunday August 12, 2018



Tea in the Sukkah:

**CHW Victoria
Invites You to attend**

**Tea in a Sukkah
At the home of Sharon Fitch
1147 Chapman
Victoria, BC**

Thursday September 27, 2018

At 2:00 pm

Please RSVP to Celia Negin at morcel@shaw.ca or (250) 995-1414 by Thursday September 20, 2018



Shiva Meal Fund

The CHW Shiva Meal Fund was established by the CHW Victoria Executive to support our local CHW membership and immediate family members when sitting Shiva in Victoria. This fund was approved by National. The Shiva Meal Fund is small, being totally dependent on donations, but through the generosity of the CHW Victoria Community, we gratefully receive monetary donations (not receipted) so that we can arrange catering locally for a family to receive a meal. **If you are able to contribute and have not already done so, please know that your donation will help to provide a family with much comfort during a difficult time.**

With funds we have collected thus far, to date we have provided Shiva Meals to **14** families.

Please consider contributing to our Shiva Meal Fund. Cheques may be written to **CHW Victoria**, with a memo for the **Shiva Meal Fund**. As always, donations in any amount can be sent to our Treasurer, Esther Laredo, at 4767 Elliot Place, Victoria, BC V8Y 3E4.

If you have any questions or concerns don't hesitate to contact any member of our Executive. Todah Rabah, Thank You.

CHW Cards

For all occasions (birthday, anniversary, get well, sympathy, Rosh Hashanah) for family and friends.

For a donation in someone's name the cost is \$10 minimum and you will receive a tax receipt.

Contact **Esther Laredo**: 250-658-6550 or estherlaredo@shaw.ca



CHW Certificates

Small certificate for a donation of \$50 to \$99.

Large certificate for a donation of \$100 or over.

Contact **Eleanor Mintz**: 250-479-2425 or eleanor.mintz@shaw.ca

For all cards and certificates please send your cheque to Esther Laredo, 4767 Elliot Place, Victoria, BC V8Y 3E4.

New for CHW-Victoria

Do you know of a newcomer in town? We would love to meet them. Why don't you bring them to our next birthday luncheon and introduce them to CHW Victoria?

Good and Welfare

We wish a Very Happy July and August birthday to: Talia Bagero, Sharon Fitch, Orli Kalfon, Leah Kinarthy, , Eleanor Mintz, and Edie Southward.

We wish a Very Happy Anniversary to Josie and Greg Davidson and Daryl and David Levine.

Mazel Tov to Sharon and Ed Fitch on the upcoming marriage of their daughter on August 5, 2018.

Mazel Tov to Amber Cameron-Johnson on the upcoming marriage of her son at the end of August.

Mazel tov to Chen Dror and David Gagnon on the birth of their baby boy Leonard Gagnon, on July 16.

Wishing Susan Halpert A Speedy Recovery.

Welcome to Bracha Green, who has moved from Toronto to Victoria to live with her daughter Iris Green-Starr and family.

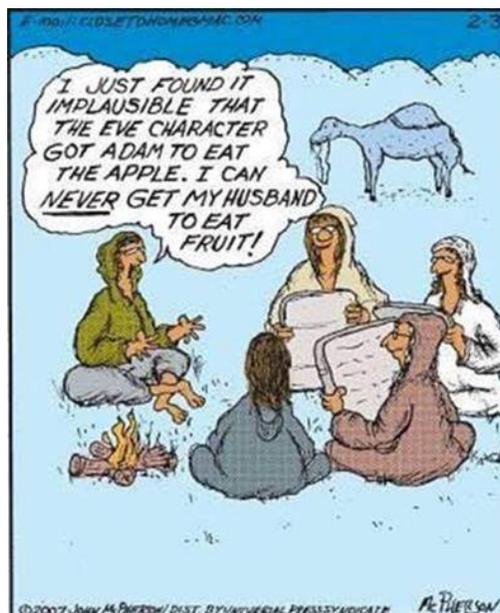
Get well to Edie Southward's husband Bill as he recovers from surgery.

Continuing best wishes for a complete recovery to Jill Swartz.

Thank You

A big thank you to Frances Aknai for having served on our Executive as Publicity Chair for many years and to Leah Kinarthy for having served as Member-At-Large on our Executive.

Cheers to both of you!



The world's first book club.

Self-repairing health wearables powered by body heat

NaNose inventor Prof. Hossam Haick's latest innovation is a wearable health-monitoring/alerting system made of an extraordinary material. By [Abigail Klein Leichman](#) May 30, 2018,

Israeli scientists have developed an integrated system of wearable monitors that passively detect and transmit vital signs as early markers for disease. Such wearables aren't unique, but this system is unprecedented because it's powered by energy from the wearer's movements and body heat, and can fix its own tears or scratches.

The wearable system could spare patients pain, greatly reduce medical expenses, and provide extensive and detailed information for epidemiological studies, say Prof. [Hossam Haick](#) and postdoctoral researcher Weiwei Wu, who invented the system at the Wolfson Faculty of Chemical Engineering of the Technion-Israel Institute of Technology in Haifa.

"Normal health is characterized by known markers such as 60 to 100 heartbeats per minute and seven to eight breaths per minute. If we detect dramatic changes in the various markers in real time, we can refer the patient to a more comprehensive diagnosis and prevent disease from developing or worsening," said Haick.

Made of advanced self-healing materials, the Technion wearable monitoring system would never need to be turned off for repair or charging.

Although the system's components already exist, a platform that integrates them all has not yet been developed. It requires a complex array of sensors, a tiny and flexible circuit board for measuring the markers, and components that process the information and transfer it to the cloud. All of these are being implemented in the new system being developed by Haick's research group.

Haick and Wu presented their [results](#) in the journal *Advanced Materials*.

Haick has invented nanotech medical diagnostic systems including the [NaNose](#) for detecting cancer and other diseases from breath samples with 86% accuracy on average. He heads the SNIFFPHONE consortium, which integrates this system into a cellphone to enable uploading the data to the cloud for medical analysis.

Wu, now a professor in the School of Advanced Materials and Nanotechnology at Xidian University in China, was a post-doctoral researcher in Haick's lab.

A Reminder

I am always encouraging our members to participate in our newsletter. Remember it is your newsletter, and without input from you our newsletter is not unique. It is each one of us as individuals that makes this once a month document special. So, whether you send a recipe, write a couple paragraphs about an event in your life or about yourself or if you write a "one or two liner about yourself, that no one else knows about, that would be great. Look forward to hearing from you.

Also, if we don't know your birthdate (month only is fine) let me know. We want to honour you.

Unusual place to visit in Israel: Design Museum Holon



Holon a city just south of Tel Aviv is perhaps the last place you would expect to find a leading international design museum, but Design Museum Holon is just that, an architectural masterpiece in the center of this city, it is a state of the art museum dedicated to everything design, using the latest in multimedia and interactivity to give guests an amazing experience. Opened in 2010, the Design Museum Holon has regularly changing exhibitions relating to contemporary design from Israel and around the world.

The Design Museum Holon was itself designed by one of Israel's most notable architects and designers, Ron Arad. The structure he created is in itself something to talk about, with five sinuous bands of bronze colored weathered steel sitting starkly in the town square, and surrounding the museums exhibition halls. The aim of the museum is to create a change among this relatively working class and typical Israeli city, and is part of a wider program of culture-led regeneration.

The museum has an ever changing selection of exhibitions so it is worth checking what is on on the museums website before visiting. Until November, 18, 2011, for instance, the museum is closed as they prepare their newest exhibition, 'Decode- Digital Design Sensations'.

Did You Know? Interesting fact about Israel

Per square kilometre, Israel has one of the highest levels of bird traffic in the world. Over 500 million migrating birds cross its airspace.

A Warm Welcome

A warm welcome to recently new Victorians and CHW members, Linda Bonder and Leah Smith. Both women come to us from Ottawa and were very involved in the Community there. Do introduce yourselves when you see them at our events.

Famous Jewish Quotation:

“Joy in looking and comprehending is nature’s most beautiful gift.”--Albert Einstein

Upcoming Events for 2018

Sunday August 19, 2018—Birthday Lunch Fundraiser for July/August Birthdays—12:30pm. BBQ at the home of Marilyn Weisbart, 799 Worthington Place, Victoria

Sukkot Party—Thursday September 27, 2018 at 2:00 pm. At the home of Sharon Fitch, 1147 Chapman Street, Victoria

Birthday Party fundraiser-- October 21, 2018. . 12:30 pm At the Med Grill Restaurant

Chanukah Party—Tuesday December 4, 2018. To be arranged

Birthday Party Fundraiser---Thursday December 27, 2018 at 12:30 pm at the Fifth Street Bar and Grill

Birthday Party Fundraiser—Sunday February 24, 2019 at 12:30 pm. Taverna Village Restaurant.

Important

If you are moving or changing your e-mail address, please contact Celia Negin as soon as possible, so we can make the changes immediately.

Toiletries

Don't forget to bring your toiletries for Sandy Merriman House for women or The Single Parent Resource Centre.

Executive Members for 2017/2018

Past President:

Sharon Fitch (250) 381-1166

Treasurer/Programming Assistant:

Esther Laredo (250) 658-6550

Secretary:

Damaris Notte (250) 656-0752

Programming Coordinator:

Josie Davidson (250) 383-6478

Membership:

Celia Negin (250) 995-1414

Newsletter/Website:

Eleanor Mintz (250) 479-2425

Member-At-Large:

Selma Linzer (250) 381-9423

Advisor:

Susan Kendal (520) 339-6568

Chairpersons

Cards:

Esther Laredo (250) 658-6550

Telephone:

Helene Kadziora (250) 385-9094